The Real Burden of Cervical Dystonia

Symptom recurrence: an unpleasant roller coaster ride for patients?

What is cervical dystonia? Cervical dystonia is an often painful condition in which a person’s neck muscles contract involuntarily, causing their head to twist or turn to one side. It can also cause a person to bend or extend their head forward or backward. Cervical dystonia is relatively uncommon, affecting 1 to 200 people per million.

About the Carenity 2 Survey

The Carenity 2 survey examined the challenges experienced by 209 patients in the U.S., the U.K., France, Germany, and Italy. All patients had cervical dystonia and were being treated with Botulinum neurotoxin type A (BoNT-A) injections or had stopped BoNT-A injections within a year prior to the survey.

Cervical dystonia: Key takeaways from the survey

The reappearance of symptoms between injections is common among patients, and often occurs within three months. 3,4

97% of patients currently working and whose symptoms reappear between two sessions of injections are impacted in their professional life. Of these people:

- Do not feel confident at work
- Are not as efficient at work as usual

Recurring symptoms of cervical dystonia were found to have a far-reaching impact on quality of life (QoL), including:

- Ability to have social interactions
- Ability to perform daily tasks
- Ability to drive
- Ability to work
- Sleep disturbance

Impact on QoL is a roller coaster for patients treated with BoNT-A for cervical dystonia 3,4

- Patients expect longer-lasting benefits between treatments.
- Patients are at the heart of everything we do at Ipsen, guiding our strategy and leading our drive for innovation in patient care. Ipsen is striving to understand disease burden, unmet patient needs, and barriers to treatment. These insights have the potential to unlock meaningful changes in clinical practice, leaving no patient behind.

How can we help patients in the future?

LONGER-LASTING TREATMENT CAN HELP END THE ROLLER COASTER RIDE FOR PATIENTS

- 71% of patients report the reappearance of pre-existing symptoms between injections 3,4
- Two in three patients said their symptoms recurred earlier than three months after being treated 3,4
- 66% of patients expect longer-lasting benefits between treatments 3,4

References:

1. CARENITY 2 data 2020. tbc
2. TBC